PROPOSAL: Reaching the Angry Student: One on One

Students may come to the advisement session with issues of anger and exhibit oppositional behaviors that significantly inhibit the effectiveness and benefits of the advisement. This workshop provides the advisement professional with a foundation for understanding the psycho/social baggage students may bring and a protocol for systematically helping re-frame the session in a positive and productive manner. The session is interactive with questions posed to the participants throughout. The theories that underpin the approaches taught in this workshop are based on Adlerian concepts of interpersonal transactions that lead to improved communication and understanding between the advisor and student.

ABSTRACT:
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Students may arrive at the advisement session with issues that present as anger and oppositional behavior. This greatly reduces the effectiveness and advisement benefit for the student. Using a protocol based on an understanding of the basic psycho/social needs of students, the advisor may quickly re-frame the session in a way that addresses the student’s current affective state and greatly enhances the effectiveness of the session. This workshop is presented with humor and a positive, light-hearted approach.