Dean’s Award Goes to Nurses’ Float

“Going the Distance to Heal Around the World,” was the theme for the 2008 College of Nursing Homecoming Parade Float. The float focused on the many places BYU student nurses have traveled as part of their global nursing experience for the Nursing 400 course during spring term. Several SNA members braved cold weather on Friday, October 10, 2008 to help build the float. The float centered around a giant globe made out of trash bags filled with crumpled up newspaper, lots of duct tape, and rolls of plastic tablecloth. The edges of the float were decorated with flags, poster-sized pictures, and a picket fence. Judging was held early Saturday morning before the parade at 10 A.M, and our float won the “Dean’s Award” for Best College entry. The parade itself was a blast, as student nurses dressed in international costumes and scrubs marched alongside the float, throwing candy to excited children and students. A crowd favorite was a mannequin riding on a gurney, dressed in red to represent a New Mexico Lobo injured by a Cougar football player. It definitely set the tone for a successful Homecoming victory on the football field later that day!

By: Karen Young

Student Nurses “Meet the Dean”

Thursday, October 16, 11 A.M.: I rushed from my apartment to campus, borrowing a pen to take notes with on the way. As I made it into the SWKT, I was confused about where exactly to “Meet the Dean.” I immediately spotted the fruit trays on a table and a young man ushered me from the hall into room 270, assuring me that they had just started. Oh, and he happened to give me a raffle ticket. I really enjoyed the chance to learn more about Dean Beth Cole. She is quite the amazing woman—did you know she had tenure as a professor before she even had kids? She was very welcoming and informative, explaining the vastness of the field of nursing. In attendance were mostly capstone students, a few from other semesters, and of course some pre-nursing students. Some of them sat next to me and I could almost feel their anxiety. Oh how I remember being in those pre-nursing shoes. Any talk about GPAs and service hours and impromptu essays triggered my nerves. Big time. Needless to say, I wish those students luck. Overall, the “Meet the Dean” was a fun experience for all in attendance. Oh, and you know that raffle ticket? It won me a green nano i-pod.

By: Maizy Wilkinson
Fall Semester Starts Off Right

After a long first week of school, nursing students from all semesters and some of the College of Nursing faculty gathered at Rock Canyon Park on Friday, September 5, 2008 for an opening social luau. BYU SNA hosted the event, providing food for well over 200 people. Families and friends of students were encouraged to attend, allowing peers to get to know each other outside of the classroom. Besides enjoying a buffet-style dinner of Hawaiian pork and rice, vegetable and fruit trays, salad, cake, and lemonade, students and their families watched Hawaiian dancers, listened to music, played on the playground, or played horseshoes. Some even served; stuffing and sewing up footballs for LDS Humanitarian Services. The event helped excite nursing students for the coming school year and relax before their schedules got too busy. Thanks to all who attended and helped make it such a success!

By: Karen Young

Nursing College Hosts Taiwanese Students

Twenty-two students and faculty from Tzu Chi Technology College, Taiwan, Republic of China, visited the Nursing Learning Center September 5, 2008. They especially enjoyed demonstrations of SAM, a high-fidelity simulator, and Noelle, a birthing simulator. Their nursing program at home utilizes limited simulation, due to high costs of importing manikins. Instead, volunteers accompany students to the hospital, acting as “patients.” Anatomy is taught almost exclusively with cadavers.

The Taiwanese students, sponsored by the David M. Kennedy Center for International Relations, came to BYU to present a sign language opera. The production, Love Transcends the Sky Line, was presented September 4, 2008 in the de Jong Concert Hall. It depicted Buddhist principles of great compassion, alleviating suffering, and respect for parents and teachers.

The nursing program at Tzu Chi begins in ninth grade and extends over five years, allowing students to graduate with an associate degree. A bachelor’s degree is considered part of Professional Curriculum and requires an additional two years. It includes physical assessment, nursing administration, women’s health, home health care and advanced pediatric nursing. Upper division students are assigned to clinical locations to perform clinical practice based on their professional interests. There are currently six Tzu Chi Hospitals in various locations in Taiwan.

The Tzu Chi Foundation, which sponsors the Tzu Chi College of Technology, is dedicated to the idea that teachings in the sutra are to be practiced and carried out in daily living. Gratitude for parents and teachers and compassion for all mankind are basic premises of the sixth-largest religion in the world. Not unlike Humanitarian Services of The Church of Jesus Christ of Latter-day Saints, Tzu Chi provides humanitarian relief throughout the world; for example, flood relief in Iowa during the July 2008 disaster; earthquake relief in the Sichuan province in May, 2008 and relief to victims of the recent Myanmar cyclone.

By: Rose Ann Jarrett, College of Nursing Public Relations Supervisor
Congratulations!

Heather MacArthur (capstone) and Ryan Trane
July 25, 2008

Sue Dahle (capstone) and Jimmy McKnight
April 25, 2008

Allison Gatrell (capstone) and Curtis Calder
August 21, 2008

Ashley Murphey (4th semester) and Curtis Barnes
July 19, 2008

Sarah Chaves (3rd semester) and Robert Tranter
September 2, 2008

Janel Furner (3rd semester) and Philip Marx
August 23, 2008

Erin (capstone) and Mitchell Rickey
June 7, 2008

Heather Heinz (capstone) and John Hamblin
July 19, 2008

Laura Fisher (4th semester) and David Brown
August 16, 2008
Oh, Baby!

64 Students Just Getting Started...

The new student orientation dinner, held Wednesday, September 3, 2008, was a great introduction into the College of Nursing for 64 first semester students, 48 under the new program and 16 under the old. The students sat and chatted with each other and their new instructors as they enjoyed a catered chicken dinner. The program consisted of several speakers including Dean Beth Cole, who applauded them for their efforts and explained what a great path they are embarking upon in becoming a nurse. Patty Ravert, Associate Dean for Undergraduates, spoke about the role of the student nurses in learning the healer’s art and becoming more like the savior. The students watched a movie about the college, then recited the Florence Nightingale pledge. The dinner was a great opportunity to get the students excited about the next few years and to meet their fellow classmates who would be supporting them through the rest of their schooling.

By: Taniel Lamb

Nurses or Athletes? Both!

The BYU College of Nursing intramural soccer team, CON squad, has had a fun season. Many on the team have never played soccer before, but they all have a great time learning and playing together. Team members express enthusiasm about the chance to learn a new sport and to spend time with nursing students in a relaxed atmosphere. Soccer has proved a relaxing outlet for the team amidst the school and church responsibilities. It is a productive and energizing opportunity to get out and have some fun. The next game is October 28 at 8:15 in the Indoor Practice Facility. Fans are definitely welcome!

By: Christina Bohn
Get to Know Your 2008-2009 SNA Board

David Caceres  
President  
Caracas, Venezuela  
Dream Vacation: “In an Island with the tallest roller coaster”

Candice Moriyama  
2nd Vice President  
Hermosa Beach, California  
Favorite Cereal: Cinnamon Toast Crunch

Erin Zundel  
Membership  
Sandy, Utah  
Favorite Super Hero: Elastigirl from the Incredibles

Maizy Wilkinson  
Activities Director  
Hamilton, Virginia  
Favorite song to rock out to in the car: “Anything by Hannah Montana”

Kyra Trappett  
1st Vice President  
Pocatello, Idaho  
Advice for Nursing School: “One step at a time: one foot in front of the other”

Sonya Anderson  
Service Coordinator  
Thatcher, Arizona  
Dream Vacation: Jerusalem/Egypt

Taniel Lamb  
Secretary  
Coupeville, Washington  
Dream Vacation: Backpacking through New Zealand

Karen Young  
Newsletter Editor  
Boise, Idaho  
Favorite Cereal: Honey Nut Cheerios

David Alden  
USNA Representative  
Indianapolis, Indiana  
Ideal Super Power: “Shoot spider webs from my wrists”

Andrea Whitaker  
Publicity Director  
Buena Park, California  
Ideal Super Power: “Bilocation—think of all the things you could get done!”

Jane Leavy  
Treasurer  
Springville, Utah  
Advice for Nursing School: “Don’t get your fingers pinched in the joints of the mannequins in the NLC—it really hurts”

(L to R) Kyra, Erin, Sonya, Candice, Taniel, Andrea, Jane, David A., Maizy, Karen, David C. (horizontal)

Service With a Smile

-September: SNA joined up with the Red Cross on Monday, September 22, 2008 to collect blood donations from student nurses and their family members and friends. A total of 58 units was collected, falling just short of SNA’s goal of 60 units. Thanks for donating, and look forward to another blood drive during winter semester!

-October: Current student nurses joined forces with alumni before the Homecoming football game to assemble Newborn Kits, a project coordinated through LDS Humanitarian Services. Kits included blankets, diapers, soap, and nightgowns and will be delivered to local hospitals or abroad.

-November 3: Please bring non-perishable goods to the research conference. High demand items include: high protein items (peanut butter, canned meat, canned beans), canned fruits and veggies, canned meals (stew, chili), and boxed meals (macaroni and cheese). This is a contest between BYU and Westminster/Intermountain. Winner will get a trophy! Please donate!
Letter from the Editor

Thanks for reading! I would love to include your experiences in future issues of Stethoscope. Just e-mail byusna@gmail.com with the subject line “Stethoscope.” Tell me your funny stories from Clinical, spiritual experiences you have had as a student nurse, cool internships you have done, or if you get married or have a baby! Also, let me know what kinds of things you want to see in future newsletters!

I know nursing school can be very busy and stressful, but I hope you all occasionally pause and remember what an amazing blessing it is to be learning “The Healer’s Art” at BYU. I love the following passage from our former prophet, President Hinckley; “Among other things, I must remind you that you must get all of the education that you possibly can. Life has become so complex and competitive. You cannot assume that you have entitlements due you. You will be expected to put forth great effort and to use your best talents to make your way to the most wonderful future of which you are capable. Occasionally, there will likely be serious disappointments. But there will be helping hands along the way, many such, to give you encouragement and strength to move forward.” (Ensign, May 2004, 112)

Hang in there, everyone, and don’t forget to enjoy the journey!

~Karen Young