### Upcoming Events:

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>SNA Open Board Meeting</td>
<td>Feb 24th</td>
</tr>
<tr>
<td>Pancake Supper</td>
<td></td>
</tr>
<tr>
<td>SNA Voting</td>
<td>Feb 24th, 26th</td>
</tr>
<tr>
<td>Nursing Temple Day</td>
<td>Feb 25th</td>
</tr>
<tr>
<td>First Day of Second Block</td>
<td>Feb 26th</td>
</tr>
<tr>
<td>CPR classes</td>
<td>Mar 15th, 17th</td>
</tr>
<tr>
<td>New SNA Board will be announced</td>
<td>Mar 27th</td>
</tr>
<tr>
<td>BYU College of Nursing Research conference</td>
<td>Mar 15th</td>
</tr>
<tr>
<td>Yoga activity</td>
<td>Mar 17th</td>
</tr>
<tr>
<td>NSNA convention</td>
<td>Mar 31st, Apr 4th</td>
</tr>
<tr>
<td>Senior Celebration</td>
<td>Apr 9th</td>
</tr>
</tbody>
</table>

### 27th Annual College of Nursing Research Conference

**Nurses: Making a Difference**

The theme for this year’s Nursing Research Conference focuses on the impact that can be made by nurses and their research. The conference will be held on March 15th in the Varsity Theater of the Wilkinson Center. Registration will begin at 7:30 am. Our keynote speaker will be Kathleen Dracup, the dean and a professor of the University of California’s School of Nursing. She will speak on the importance of caring for the patient’s family as well as the patient.

The conference will include presentations given by faculty, graduate, and undergraduate students from BYU and Westminster College. There will also be recruiters and poster presentations in the Garden Court during the break.

—Heather Winfield, SNA Newsletter Editor

### Sigma Theta Tau Service Project

This has been a tough year for the hungry and the food banks are struggling to keep food on the shelves. The BYU and Westminster College chapter of the Nursing Honor Society, Sigma Theta Tau want to help remedy this situation. The Iota-Iota-at-Large Chapter of STT is sponsoring a food drive during the research conference. Please bring canned goods and hygiene supplies to the research conference to donate to the shelters in both Utah and Salt Lake County.

Our Westminster colleagues, who will be in attendance at the conference, will also be participating. This is an opportunity to demonstrate the power of many small acts of kindness to make a great difference in the lives of those who are less fortunate.

—Catherine Coverston, Sigma Theta Tau Treasurer

### USNA Conference

Recruitment booths, a yummy lunch, and LOTS of Utah student nurses could be found at this year’s Utah Student Nurses Association (USNA) conference held at the University of Utah on January 16th. The conference was a great opportunity to interact with other student nurses from around the state - and show some Cougar pride, of course! There were some great speakers there, including a survivor from last year’s Life Flight crash. Some special awards were also given out, and our own Dru Chibber won the leadership award for BYU. Additionally, elections were held for the upcoming 2004 term, and many of our BYU students ran for positions. Doug Ludington (2nd semester) was elected to be Region III Representative and Jeff Daniel (2nd semester) was elected to be Communication’s Director. To top off the day we enjoyed a delicious lunch and had a door-prize drawing. Thanks to everyone who came and represented the BYU College of Nursing so well!

— Jamie Peterson, SNA Secretary
SNA Winter Semester Social
After much deliberation the Annual SNA yoga activity (formerly known as the Gold’s Gym activity) will be held March 17th in rooms 3222-3224 of the Wilkinson Center at 7 pm. There will be food, fun, yoga, relaxation techniques and of course door prizes. The food, stretching and company will be great, so come join in the fun!

Mentors of the Month
Here are the mentors of the month for last semester. Thanks to all students who have submitted names, for helping to show appreciation to those in the field that help us so much. We had some excellent nominations and are grateful for the students’ participation!

Jennie Christensen, UVRMC, nominated by Marissa Thompson and Jordan Sleater
Scott Green, U of U, nominated by Jayme Phillips
Tiffany Gentry, Orem Comm., nominated by Angela Leach
Dr. John Bezzant, Pleasant Grove, nominated by Gretta Snyder
Elizabeth Alvord, VA Hospital, nominated by Brittany Anderson and Lisa Barnes
Adrienne Glissmeyer, PCMC, nominated by Jan King
Karne Spotten, Mt. View Hospital, nominated by Taralyn Johnson
Jacque Thomas, UVRMC, nominated by Jaclyn Fowler

There are always nomination forms on the wall across Rm. 533 in the SWKT. Nomination forms can be returned to JoAnn Abeglen. Those professionals that we recognize receive a gift and are invited to a special luncheon. Students do your duty, and let’s recognize those outstanding mentors!!

Nurse’s Day at the Legislature 2004
On Wednesday February 11th, several BYU nursing students and faculty joined nurses from around the state at the Utah State Capitol to make their voices heard concerning bills moving through the legislature that directly involve nurses and nursing practice. UNA’s representative lobbyist Jeremy Fotheringham encouraged nurses to take opportunities to learn about what is happening in the legislature regarding nursing and to take active steps in letting legislators know what nurses think about current issues. He referred to the nursing force as “The sleeping giant,” a force that if unified, could be very powerful. It is our professional responsibility to become involved in these issues and monitor bills that will affect our practice and our patient’s safety.
— Misti Wilcox, Nurs 490
CPR Certification Classes
Hey everyone! The SNA Board has set up CPR classes so that you can stay up to date on your certification. The classes will be held on February 27th from 2-4pm and on February 28th from 10-12pm. The classes are free; students just need to bring $3 for the CPR card. The classes usually last for an hour to an hour and half. Classes will be held in the nursing student lounge on the 4th floor of the SWKT. To sign up contact Dru Chibber at drutika2@yahoo.com. If you don’t manage to make it in time for this set of classes, more will be offered the next block.

52nd Annual National Student Nurse’s Association Conference
The 2004 NSNA conference will be held in Nashville, Tennessee. The theme will be “We Make the Path by Walking It”. It is an opportunity to listen to lectures from top nursing leaders, discuss issues that are vital to our careers and professions, speak with hundreds of recruiters, as well as meet nursing students from around the country. There will be numerous leadership activities, informational seminars, and workshops as well as an NCLEX mini review. The deadline for advanced registration is March 8, 2004. Send registration forms to:
National Student Nurse’s Association
Meeting Registration Department
Box 789
Wilmington, Ohio 45177
Or register online at www.nsna.org.
—Heather Winfield, SNA Newsletter Editor

Announcements
Dec 27th— Holly Larsen married Stephan Willden in the Timpanagos Temple.
Feb 14th— Carrie Sepp married Kevin Wheeler in the Columbus Ohio Temple.

NURSING TEMPLE DAY
We are planning a temple day for next block on Wednesday, February 25th. We will be meeting at 6 pm in the Provo Temple cafeteria for dinner and attending the 7 pm endowment session. Bring significant others or nursing associates. We also encourage you to come and do baptisms throughout the day. If you have any questions contact Holly Willden at leggs@email.byu.edu.
Take a Cougar to Lunch

Take a cougar to lunch is an exciting way for the students to receive a one-on-one mentoring session with professionals in the community. Students that are interested can register on-line at

http://alumni.byu.edu/saa/takeacougartolunch.cfm

Students who register will be matched with a professional in their career choice. For example, a nursing student who wants to be a family nurse practitioner will be matched up with an FNP. The student will then set up a time to meet and have lunch with their professional. It's a great opportunity to ask questions and hear any advice that their professional may have to give.

—Hope Hewson, SNA SARC Representative

BYU SNA Elections and Open Board Meeting

It’s time to get rid of the old SNA board and elect a new one. And this year for everyone’s convenience elections will be online as a blackboard course! (So even the Capstone students will not have an excuse not to vote.) There will be a stack of sheets on top of the file folders providing photos of each of the candidates. You can also refer to the blackboard course for candidate qualifications and campaign statements. There will also be an open board meeting Tuesday, February 24th from 2–3pm where you can meet the candidates for the 12 positions. They will speak and have a chance to answer questions. This is also an opportunity for professionalism credit. Refreshments will be provided.

To vote simply click on the “SNA elections” course that is provided for nursing students, select your candidates and let your opinion count!!!

Thank you to everyone who contributed to this edition of the Stethoscoop. Your input is greatly appreciated.

E-mail comments, announcements and submissions to: stethoscoop@byu.edu