BYU Wins Award at NSNA Annual Convention: Setting Sail for a World of Wellness

Twelve students and two faculty advisors comprising the new BYU-SNA board embarked Wednesday, April 5, on an adventure that took them to the National Student Nurses' Association annual convention in Baltimore, MD.

Highlights of the event were as diverse as the fish in the sea. A poster session highlighted BYU-SNA's winning project in the newsletter contest to give other schools ideas. Students wanted to emphasize the use of newsletters in creating success both through unity, and other values. The poster looked very professional thanks to Rose Ann Jerrett and will be displayed again next year.

Even with flight delays and lost property, the students barked in the convention, listening to keynote speakers, attending workshops, talking to hospital and graduate school recruiters, and becoming politically involved in NSNA. A whirlwind of recruiters and students in the exhibition room showed many putting their best foot forward in a frenzy to make connections and find out more. Over 3,500 participants were registered at the event.

Students had only good things to say: “Even though our flight was delayed, it was really cool to talk to another passenger about the Book of Mormon for over an hour. I was also able to talk to our advisors about nursing and get to know them,” commented Megan Pope, 2nd semester nursing student. SNA Advisor, Peggy Hubert, appreciated the keynote speaker, Dr. Barbara Dossey, who spoke on becoming a global citizen and nurse and the need to protect the soul of nursing from dying. Hubert said, “I liked how she mentioned nursing as a spiritual practice; I really do worry about the dying soul of nursing.” Many students understand why Dr. Dossey stressed the need for nurses to treat themselves and follow their own care plans. She discussed the need to stop neglecting our own care to better serve our patients.

To do just that, the students had some fun at the convention too. The first night party featured a dance and karaoke in which the lights were bright and the boys grossly outnumbered. The harbor was a great attraction with shops and fun restaurants, including the Hard Rock Cafe. Friday evening, students were able to visit an aquarium and watch the Red Sox pounce the Orioles at the stadium next to the conference center. The week was one of bonding and eating seafood. BYU-SNA's new board for the coming year is thrilled to be setting sail for a great summer vacation and a new year filled with many activities to bring the SNA more unity and fun times. For more details on the convention, visit the web address, http://www.nsna.org/pubs/periodicals/, click on Convention News. Photos of the speakers, exhibition, and party as well as discussion of the bylaws for which NSNA will take a stand on in supporting nursing nationally.

~Hannah Brown

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Meet Your New SNA Board!

Name: Mary Ellen Baker  
Semester: 3  
Position: Membership Director  
I am from Idaho Falls, ID and am the third of six kids in my family. I enjoy playing the piano & violin, reading, sewing, playing sports (especially tennis), hiking, skiing (snow & water), and doing anything that involves the outdoors. I love being in the nursing program because it pushes me & challenges me to do things I never thought I would be able to do.

Name: Megann Peterson  
Semester: 2  
Position: Treasurer  
I am a native Utahn and have lived here my entire life. I really love living here because of the many outdoor activities that there are to do including mountain biking and skiing which I love. My other loves in life include dancing of all kinds, playing the piano, singing in my car, crocheting, nursing and my husband. I have been married for 7 months and love it. He is a wonderful husband and best friend. As listed above, I love nursing and am so excited to be an R.N. Nursing fits my personality in so many different ways and I am so glad that I chose this field. I am very excited to make a difference in the lives of others.

Name: Neil Peterson  
Semester: 2  
Position: 1st VP  
Raised in the atomic city of Los Alamos, NM, I grew up with 4 brothers and no sisters. I am married to a beautiful redhead. I love sports, especially soccer and Folk and Irish dancing. I love humor and making life a blast.

Name: Tricia Holmes  
Semester: 1  
Position: Activities Director  
I was born and raised by my mom is Sandy, UT; she's my best friend and hero. I love playing sports and being outdoors. I transferred to BYU after spending two years at the University of Redlands where I had the opportunity to play on the women's soccer team. My favorite moments are shared with family and friends. I love traveling and am looking forward to putting my nursing skills to work in underdeveloped countries after graduation. Currently, I am an anatomy lab TA; I enjoy teaching and interacting with people of any age.

Name: Cambria Jones  
Semester: 3  
Position: Service  
I'm a third semester nursing student, also minoring in music. I recently returned from serving a mission in the Oklahoma, Oklahoma City Mission, Spanish speaking. I like running, playing piano & guitar & reading. I love being with people. I've been involved with several service activities at BYU, such as adoptive aquatics, adopt-a-grandparent, welcome baby program, and volunteering at the MTC.

Name: Hannah Brown  
Semester: 2  
Position: Newsletter Editor  
A Montana native, I love the wild and down-to-earth people. I'm the 7th of 10 children and accordingly, I have learned to love music, sports, humor, drama, work, and service. Last year, I returned from a proselyting mission in Uruguay. I work for a local pediatrician and drive a 1990 VW Jetta. I am engaged to be married May 6. When I'm finally a nurse, my name will be Nurse Schott.

Name: Megan Pope  
Semester: 2  
Position: 2nd VP  
I love to play ice hockey! It's a new sport my husband and I are getting into and it helps me take out all my nursing stress by checking the guys on the ice! I am a manager at The Peaks Ice Arena and oversee the hiring and training of employees in addition to working with our patrons and doing administrative work. I served a mission in Bulgaria, taught English in China, and helped with an out-reach/education program for a humanitarian medical mission in Ghana. I have a passion for being engaged in service opportunities and love being a nursing student.

Name: Denise Mann  
Semester: 3  
Position: Secretary  
I am from Visalia, California—which I love. I love running (Catalina Marathon coming up in March!), reading (currently reading "Cry the Beloved Country"), dancing, camping, "adventuring" and of course the nursing profession. I served a mission in Osorno, Chile which I loved and I'm excited to be working for you!

Name: Shemmon Miyamoto  
Semester: 2  
Position: Publicity/Web Designer  
My name is Shem Miyamoto. I'm from Oahu, Hawaii and am a second semester nursing student. I love warm weather and love anything that has to do with the ocean. During my free time I enjoy body boarding, body surfing, fishing, free diving, hiking, break dancing, singing, playing my ukulele, photography, collecting old Hawaiian bottles, and video production.

Name: Holly Barnett  
Semester: 2  
Position: President  
I was born in Oregon, but raised in sunny California. I love boogie-boarding despite how cold the water is and how ridiculously powerful the waves are near San Francisco. I went to three different high schools and was involved in leadership at my second two in Logan, UT and Modesto, CA. (I ran for a position in my first High School, but let's face it, I was pretty nerdy as a freshman.) I am currently married to an accounting major and we spend all our time holding hands at adjoining computers in the library.
My Experience at the Mayo Clinic

Last summer, I had the opportunity to do an internship at the Mayo Clinic (in Rochester, Minnesota). For those of you who don’t know, the Mayo Clinic is a large research hospital that ranks highly among hospitals in the nation (usually in the top 2). My experience there was totally amazing! I was paired up with an RN-preceptor (kind of like Capstone) and worked alongside her with her schedule. Rather than the normal nurse-student relationship (which we can all attest is not fun), I was seen as a colleague among all of the nurses on the floor. I also had the opportunity to learn from some of the best doctors in the nation, spend a few days in other areas of the hospital (ER, OR, etc), take a variety of great classes, and make friends with fellow nursing students from all over the country. Even better, at the end of the summer, I was offered a job on the unit I interned on! I will be starting there in June as an RN! This experience was definitely one of the greatest experiences of my life; I would highly recommend the program to ANYONE! It is a 10-week paid internship for BS students who have completed at least 3 semesters of a nursing program; more information can be found at: http://www.mayoclinic.org/summer3-rst/

- Rachel Whiting

“Rather than the normal nurse-student relationship, I was seen as a colleague among all nurses on the floor.”

“Tiny Tim”: The Newest Member of the BYU Nursing Program

“Tiny Tim” is hardly the name that one would expect to be the newest member of Brigham Young University’s Nursing Program. The pediatric simulator was recently purchased by the College of Nursing to supplement the student’s pediatric rotation and give a much needed opportunity for Brigham Young’s nursing students a hands-on experience of caring for the delicate population. Students are excited for Tiny Tim to join them in lab, hoping that the pediatric simulator will be available as soon as possible.

The nursing program currently has an adult simulator named “Sam” by the college through a contest with the students. “Tiny Tim” received his name in a similar manner with Amber Aird, a capstone student graduating April of 2006, as the winner. We all congratulate her on her achievements and can not wait to for “Tiny Tim” to join the college.

-Sarah Evans
BYU-SNA

If you have something that you would like to share in the 'Stethoscoop', or if you would like to join the Stethoscoop committee, please contact Hannah Brown!

You may contact her through the SNA office at 801-422-1169
Or
Email at: hannahbelle7@byu.net

CHECK US OUT ON THE WEB!!!
HTTP://NURSING.BYU.EDU/

Brigham Young University Student Nurses' Association

The Brigham Young University Student Nurses' Association (BYU-SNA) is a pre-professional organization and a constituent of the Utah Student Nurses' Association (USNA). The USNA is composed of the college chapters of student nurse associations throughout the state of Utah. The National Student Nurses' Association (NSNA) is composed of the fifty state organizations in the United States. These organizations unite to promote professionalism in the student nurse and help him/her to prepare for entry into nursing practice.

Involvement is not only professionally-oriented, but service driven to the school and community.

Nursing students have the opportunity to join BYU-SNA to network with other nursing students locally and across the nation to create friendships and associations that can guide their future careers.