Why Join SNA

The Student Nurses’ Association is for YOU, the student. And there are a lot of benefits to joining that you might not have thought about!

- It is a great way to get involved in your profession before you graduate. Professional organizations shape the field of nursing. Ask your professors what organizations they’re apart of! It might shock you how important they are.

- In addition to that, professional involvement is very exciting for employers to see on your resume. It is an indicator that you care more about your job than showing up, making money, and leaving—you are interested in being active and making a change.

- We do really fun stuff! Read about the awesome time we had at our closing social on page 2, and on page 5 you can read about the activity we’re planning for the fall when everyone gets back.

- We put together lots of service activities. Participating in SNA is a great way to get involved in service opportunities that are relevant to your profession!

- Reduced price/convenient location for ACLS and BLS classes through SNA!

SNA is all about the students and we want you to be involved. We are working to make this the best chapter that we can, but what really makes it great is your presence and involvement. Tell us what your passionate about and help us get it going! We would love to hear from you. Be apart of SNA.

“The trained nurse has become one of the great blessings of humanity, taking a place beside the physician and the priest.”

- William Osler, MD
Our Dean is the Best!

We all know that Dean Patrician Ravert, dean of the BYU College of Nursing, is the best around, but it sure was nice to hear it from others, who recognized our Dean as number 19 in the list of the 30 most influential Deans in the United States.

Among the many things she does to improve and augment our education, the dean was recognized for her progress in nursing education simulation and for the high NCLEX pass rates of Undergraduate students at BYU.

Thank you, Dean Ravert, for everything you do to make sure that a nursing degree at BYU truly prepares us for a successful career in nursing.
Food for Thought:
1887 Nursing Job Description

It’s always fascinating to hear about the history of the nursing profession. This is an example of a job description of a floor nurse from 1887 that was published in a magazine of Cleveland Lutheran Hospital. We sure have come a long way. And I don’t know about you, but I’m grateful to be a nurse now!

In addition to caring for your 50 patients, each bedside nurse will follow these regulations:

1. Daily sweep and mop the floors of your ward, dust the patient's furniture and window sills.

2. Maintain an even temperature in your ward by bringing in a scuttle of coal for the day's business.

3. Light is important to observe the patient's condition. Therefore, each day fill kerosene lamps, clean chimneys and trim wicks.

4. The nurse’s notes are important in aiding your physician's work. Make your pens carefully; you may whittle nibs to your individual taste.

5. Each nurse on day duty will report every day at 7 a.m. and leave at 8 p.m., except on the Sabbath, on which day she will be off from 12 noon to 2 p.m.

6. Graduate nurses in good standing with the director of nurses will be given an evening off each week for courting purposes, or two evenings a week if you go regularly to church.

7. Each nurse should lay aside from each payday a goodly sum of her earnings for her benefits during her declining years, so that she will not become a burden. For example, if you earn $30 a month, you should set aside $15.

8. Any nurse who smokes, uses liquor in any form, gets her hair done at a beauty shop or frequents dance halls will give the director of nurses good reason to suspect her worth, intentions and integrity.

9. The nurse who performs her labors [and] serves her patients and doctors faithfully and without fault for a period of five years will be given an increase by the hospital administration of five cents per day.

-AllNurses.com
“Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest accomplishment or the smallest act of caring, all of which have the potential to turn a life around.”

Leo Buscaglia

Days for Girls

As students at BYU, we’re blessed to receive such a wonderful education, but some girls are not so lucky.

Many young women in Africa are forced to stay home from school each month because they have no way to manage their menstrual cycle. Eventually they drop out because it is too hard to make up a week of school every month. Days for Girls is a project to create reusable feminine hygiene kits for these girls so that they can finish their education.

BYU Student Nurses’ Association teamed up with people from Days for Girls to cut out, sew together, and compile these hygiene kits. The kits come with pads made of diaper material and colorful fabrics, so they can be reused without staining. Included in the kit are instructions with easy-to-understand illustrations, showing the girls how to use the pads and keep them nice so they last a long time.

These kits make a huge difference for these young women, and student nurses from BYU were excited to “pay it forward.” It reminded many of us what an incredible blessing it is to attend school at BYU. SNA plans to work with Days for Girls again, so stay tuned and come get involved!
Good News

Congratulations to Julia Rummler, who is engaged to be married to Josh Matiaco!

Kelsey Simmons and her husband Kurtis Simmons are happy to welcome their new son, Benson Jay into their family!

Congratulations to Lizzy Bullock, who will marry her best friend, Parker Brown, this summer!

Fall 2015:

SNA Opening Social

When: Friday, September 4
Where: Kiwanis Park
What: End-of-Summer Bash

We will be feeding everyone dinner and hosting a Kickball Tournament—faculty vs students, and semester vs semester. It will be a lot of fun so get it on your calendar early!

Can't wait to see you there!

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A Letter from the Editor

It has been such a privilege to be your SNA Newsletter Editor this year, and I am excited to serve as the SNA Secretary next year. This semester I had an opportunity to go to the National Student Nurses’ Association conference in Phoenix, AZ. It was a great experience and it really opened my eyes to what’s out there in terms of nursing—and it’s more than a bedside.

Nurses are making progress every single day, not only in the lives of our patients but also in the lives of our society. We do this by participating in professional organizations and changing policies. Nurses have a responsibility to be educated and involved. If there’s one thing I learned, it’s that we need to be continuing our education long past our graduation date.

Commit to education and commit to caring—about patients and about policy. Start the cycle by getting involved now. Find your passion and fight for it, because that is when change really happens.

-Adelynn Schafer

This Newsletter is for you!

Thank you for reading! I would love to include your special news, announcements, and achievements. Email byusna@gmail.com with subject line “The Pulse” and let me know what you would like me to include!

“...I have an almost complete disregard of precedent, and a faith in the possibility of something better. It irritates me to be told how things have always been done. I defy the tyranny of precedent. I go for anything new that might improve the past.”

-Clara Barton

Meet Your New Board

From Left to Right, Back to Front: Sondra Heaston, Faculty Advisor; Polina Etkareva, Activities Director; Stacie Hunsacker, Faculty Advisor; Deven Jennings, 2nd Vice President; David Adams, First Vice President; Adelynn Schafer, Secretary; Vanessa Fisher, BYU/SNA Rep; Robin Grigg, Treasurer; Nancy Faulkner, Membership Director 1; Chalese Adams, President

Not Pictured: Halie Fellows, Membership Director 2; Hortencia Gutierrez, Publicity Director; Aubrey Sandberg, Service Director; Brittany Brady, Web Publicity Director; Emily Montgomery, ACLS/BLS Coordinator 1; Cory Paul, ACLS/BLS Coordinator 2; Atalie Moore