The Pulse

Volume 1, Issue 2 March 8, 2011

Student Nurse’s Association, BYU College of Nursing

We Gotcha Covered

Every year, the Student Nurses’ Association makes clothes through a printing company and sells them to nursing students and their families. This year, the clothes, including t-shirts, sweatshirts, and sweatpants, were done through BYU’s Custom Specialties department in the BYU Bookstore. The t-shirts sported an “I heart BYU Nursing” logo with a graphically intricate, anatomically correct ‘heart’.

Every year, the clothes have a two-fold purpose -- to raise money for SNA and its members, and to provide the nursing students with yet another method of showing off their nursing pride. In other words, the clothes allow fellow BYU students to identify nursing students by their fancy apparel rather than their dark-circled “I have a nursing test this week” eyes or slightly bruised “we’re learning how to insert IVs” hands. The clothes this year were an apparel success, with many positive comments on the designs of the shirts, sweatshirts, and sweatpants.

There were issues with giving out correct orders, which we hope to fix with this coming round of orders. We plan on separating each order into a separate bag so that no orders are mixed-up. We hope you all have a chance to enjoy the clothes, whether it be by admiring them on yourself or on another nursing student. For those of you who didn’t have a chance to order clothing this year, look forward to SNA clothing next year!

By Chantal Marshall

Remember the PURPLE tears?

What if by just raising your hand and casting a vote, you could save a baby’s life? Would you do it? You have that singular opportunity by becoming a member of National Student Nurses’ Association (NSNA) and attending the national convention in Salt Lake City April 6th through the 10th. BYU-NSA is presenting life-saving legislation at this year’s NSNA convention in Salt Lake City April 6th-10th. With our resolution, we are strongly calling on NSNA to support The Period of PURPLE crying Shaken Baby Syndrome Prevention Program and advocate for its implementation nationwide to promote understanding of the normalcy of early infant crying and its role as a stimulus for shaking.

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PURPLE tears (continued from pg 1)

We want to reduce the incidence of shaken baby syndrome! More than 50% of the infants that are shaken die and of those that live almost all suffer long term consequences and require ongoing, costly medical care. This medical care for just the first five years of a child’s life can cost over $3,000,000.

We need you there! In order to get this legislation passed at NSNA, to get our voice heard to help these voice-less infants, we need delegates. The more delegates you have, the more votes you get. Delegates are allotted by how many members of NSNA you have.

I encourage all of you to sign up for NSNA, become a member and attend this year’s once-in-a-lifetime event in Salt Lake City and help BYU pass national legislation. See http://www.nsna.org/Meetings/AnnualConvention.aspx to sign up!

Not another baby should die because of being shaken. Speak out and help stop Shaken Baby Syndrome. Every vote is going to matter.

By Celeste Wouden

Choose to Give, year after year

Choose to Give week is coming up soon, so gear up to donate and enjoy some delicious pancakes! Choose to give is an awesome student-for-students fund-raising organization. This means that your donation to Choose to Give goes straight to your friends in the nursing college through scholarships, mentored learning and other nursing college specific programs.

The free pancake breakfast will be during the middle of Choose to Give week on Tuesday, March 15th, from 10-11 and 12-2.

All donations during the breakfast will be categorized into semesters, the semester with the highest percentage of students donating instead of highest donation amount will win a pizza party! So invite all your nursing friends to Breakfast for Lunch and come donate!

By Jaclyn Coleman

Fiesta, ole!

Student nurses escaped the cold of winter semester by going south of the border during SNA’s last activity. It was a smashing hit... well for the piñata at least! Students were able to enjoy the ambiance of a Mexican fiesta, complete with a tasty assortment of nosh and nibbles. Of course no fiesta would be complete without a game or two of mini “football” and tack the Mustache on an amigo!

Thank you to all who came out for this little fiesta, and we hope to see you all at SNA’s upcoming ice-skating activity, even if it is a bit of a chillier one.

By Whitney Booth
ORCA and MEG winners from the BYU College of Nursing

Each year students and faculty are awarded grants to further research and understanding in many fields. The nursing program has produced many winners this year. Here is a list of this year’s ORCA and MEG winners.

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<td>Miles, Leslie</td>
<td>Improving Adult Immunization Rates in the Severely &amp; Persistently Mentally Ill Population</td>
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<tr>
<td>Palmer, S.</td>
<td>Mentoring nursing students in a nutritional improvement study in Ecuador: May 2011</td>
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Amazing opportunities and Blessings!

Danae Orrock
was engaged on February 10th and is getting married on the 25th of June 2011!

Sadie Lundwall
went on an internship/study abroad to the Dominican Republic and taught children and parents some basic health principles in their native tongue (Spanish)!

Amy Monteverde
married Alex Hawkins on February 19th, 2011!

Laura Boone
is engaged and getting married this July!

Rainy Hale Christensen
married Brandon Christensen in the Mesa, Arizona temple on December 18, 2010!

Caitie Curran
is engaged and will be getting married in June!

Laura Boone
is engaged and getting married this July!

Libby Griffioen
is engaged and will be getting married on May 26th in the Salt Lake City temple!

Sadee Hansen
has been down to Haiti several times to volunteer in orphanges!

Rainy Hale Christensen
married Brandon Christensen in the Mesa, Arizona temple on December 18, 2010!

Dr. Sheri Palmer
has received her Doctorate of Nursing Practice from the University of Utah!

Professor Kent Blad
received the Presidential Citation from the Society of Critical Care Medicine in January!

Dr. Barbara Heise
was chosen by the National League of Nurse to take part in a new leadership development program!

Dean Beth Cole
was honored by the University of Utah for her contributions to that nursing program while a professor there!

Laura Boone
is engaged and getting married this July!

Sadee Hansen
has been down to Haiti several times to volunteer in orphanges!

Clinical Paperwork
It’s that time of year again for turning in clinical paperwork. At the end of March/beginning of April all of you will receive an email from the advisement center notifying you of your clinical rotation and specific clinical paperwork. You will need to have these forms fully completed and turned into the advisement center by the date specified in the email. Failing to turn in your paperwork on time may result in you losing professional points. Please contact the advisement center if you have further questions.

By Nursing Advisement
The NSNA challenges students to “defy gravity” and conquer life!

Meet the Hopefuls:

President: Celeste Wouden & Spencer Cahoon
1st VP: Laura Boone & Deina Ige
2nd VP: Courtney Taylor
Secretary: Jacob Schwab
Treasurer: Camille Woodward
Membership: Kirtley Sorensen
Publicity: Jeff Davey
Service: Caitie Curran
Activities: Emily Cottrell
BYU/USNA Rep: Kelly Cadogan

Spencer states, “Cahoon and Boone. Taking you to new heights in SNA!”
Kirtley says, “vote for me…I want to make your life awesome”
Celeste declares, “SNA can enrich our academic experience (as well as add some well-earned fun to our lives) here at BYU and I plan to make that possible!”
Laura states, “I am…hungry for the opportunity to enrich the student nurses experience at BYU! Boone and Cahoon we will take you to new heights!”
Jacob quotes, “Happiness is not achieved by the conscious pursuit of happiness; it is generally the by-product of other activities.” from Aldous Huxley
Caitie conveys, “I love nursing, running, the beach, chocolate, painting my nails, and would love to serve on SNA next year!”

Keep an eye out for:

- Clothing pick-up in the NLC—Now
- Huntsman Cancer Hospital Conference—March 12
- Choose to Give—Mar. 15
- St. Patrick’s Day Dance—Mar. 18
- Teacher Appreciation—All of March
- NSNA Convention — Apr. 6-10
- Closing Social—Apr. 2
- Blood Drive—Apr. 11

Any questions comments or concerns can be directed to byusna@gmail.com

NSNA National Convention - in SLC

The National Student Nurses’ Association has chosen this year’s venue to be the Salt Palace in Salt Lake City. How blessed we are to have such a magnificent convention take place in our back yard! I want to invite you take part in this once in a lifetime opportunity to see what the NSNA can do for you.

Whether you are a first year or capstone student, this conference has information, insights, answers and of course, free stuff, for anyone and everyone! I encourage you to participate fully in this great gathering of student nurses.

Are you looking for a job? Graduate schools? Would you like to learn the newest and best evidence based practice? Are you set on being a leader yourself? Have you ever wondered at how nurses can effect changes in the government and healthcare policy? You will come to understand and love the profession of nursing even more than ever before as you participate in phenomenal breakout sessions, listen to keynote speakers, and even sit in on the house of delegates for the entire nation!

I promise that you will come away with an expanded view of the capability of nurses and nursing students. You and everyone else will find pieces of this convention tailored to meet your needs and answer your questions. Once again, do not miss out, go to www.nsna.org to register today!

By Jeff Brown