

## Physical Assessment—Pass Off



Student: \_\_\_\_\_ Instructor: \_\_\_\_\_

**General Observations:** Vital Signs  Mental Status  Measurements  (done in advance)

**Vision:** Snellen or Rosenbaum  (done in advance and reported to lab instructor @ pass-off) **2 points**

**Skin:** (done throughout exam) inspect lesion/nevi/scars  temperature  turgor

**Head:** scalp  hair  nodules

**Face:** facial movements/ CN VII  facial sensations/CN V  palpate muscles/CN V  temporal arteries

**Eyes:** eyebrows/eyelashes/eye lids  conjunctiva   
corneal light reflex  pupils equal response direct/consensual to light & accommodation  EOMs

**Ears:** external inspect/palpate  otoscope  **hearing:** whisper  Weber & Rinne

**Nose:** patency (& CN I)  internal mucosa & nasal septum  tenderness  palpate or percuss sinuses

**Mouth:** lips  oral mucosa  teeth & gums  tongue m/l  tongue movement/CNXII   
“ah”/soft palate/uvula /CN X  tonsils/palatine arches  gag reflex/CN X

**Neck:** lymph nodes  trachea m/l  ROM  strength against resistance/CNXI   
shrug shoulders/CNXI  carotid arteries

**Thorax/posterior:** inspection  symmetry  chest expansion  percuss  percuss CVA tenderness  auscultate   
RML: auscultate  **Anterior:** auscultate  (examiner requests deep breaths in & out through mouth before auscultating )

**Cardiovascular:** pulsations/heaves/lifts  PMI  auscultate: sitting, diaphragm & bell  supine, diaphragm & bell

**Abdomen:** inspect  auscultate BS/bruits  percuss (4 quads, liver)  light palpate (tenderness)   
deep palpation (masses, liver, spleen)  (examiner requests knees flexed before palpation )

**Upper Ext:** Inspect: arms/hands/fingers  nail plate angle/curvature  Palpate: capillary refill  handgrip  **Pulses:** radial  brachial

**Lower Ext::** Inspect: legs/feet/toes/nails  Palpate: capillary refill  edema  **Pedal Pulses:** dorsalis pedis  posterior tibial

**Muscle strength:** upper extremities  lower extremities

**Sensory:** light touch  location/vibration  sharp/dull  proprioception

**Coordination:** rapid alternating movements  heel to shin

**Reflexes:** biceps & triceps  knee jerk & achilles  plantar

**ROM:** upper extremities (shoulders, elbow, wrist, hands, fingers)  lower extremities (hips, knees, ankles, feet, toes)  spine

**Ambulation/Gait/Balance:** gait  Romberg

**Spine:** inspection  palpation  (points from Skin-Spine = 1 point/square, total 85 points) sub-total \_\_\_\_\_/87

**Professional dress** yes  no  **hand hygiene:** yes  no  **Equipment** yes  no  **& Pass-off form:** yes  no  (**1/2 point for each**)

**Explains procedures to client:** always  usually (2 points)  sometimes  (1 point)

**Organized & follows general order:** always  usually (skips back x1-2)  (2 points) **sometimes (skips back 3)**  (1 point) >3  (**0 points**)

**Refers to 3X5 card:** end of exam only  rarely (once during exam & once @ end)  (2 points) **occasionally (2-3 during exam)**  (minus 1)  
often (>3 during exam)  (minus 2 points)

**Performs skills/techniques correctly:** always  usually (1 incorrect)  (3 points) **sometimes (2 techniques incorrect)**  (1 point)  
≥ 3 techniques incorrect  (0 points)

**Complete in ≤ 40 minutes (2 points)** **Required excessive time >40 minutes (0 points)**

start time \_\_\_\_\_ completion time \_\_\_\_\_

**Comments/suggestions:**

Final Score \_\_\_\_\_/100

<input checked="" type="checkbox"/>	= completed
<input type="checkbox"/>	= not completed
<input type="checkbox"/>	= skipped back to complete